

# Welcome

This guide will help get you get started on your new course with information about welcome events, social activities and lots of really useful hints and tips to help you to prepare for your studies at Bolton.

We are confident in helping you to succeed, progress and thrive through your experience and do everything to support you in excelling here at the University of Bolton.

Please take the opportunity now to visit our dedicated Welcome Website (<http://www.bolton.ac.uk/welcome>) where you will find useful instructions on how to complete your enrolment, accommodation, activities and much more.

## Within this guide you will find

- Welcome Activities and Induction Information
- International Induction Information
- The Library and Academic Skills Hub (ASH)
- Student Success Coaches
- Careers and Employability
- Bolton Students' Union
- Sports and Wellness
- Anderton Centre
- Useful Contacts

# Welcome Activities

Date	Time	Activity	Information	Link & Location	Who to Contact?	Key
12 May 2025	12:00 - 13:00	Lunchtime Crafts	Enjoy relaxing creative activities, meet other students and make friends.	<a href="#">Life Lounge</a> <a href="#">T2 Eagle Tower</a> <a href="#">Deane</a> <a href="#">Bolton</a>	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
12 May 2025	12:00 - 13:00	Silent Book Club	Want to be social but your social batteries are empty? Have a seat at our Silent Book Club while being around others who feel the same. No small talk required!	<a href="#">Academic Skills Hub</a> <a href="#">Peter Marsh Library</a> <a href="#">Deane</a>	Peter Marsh Library Deane Bolton  Email: <a href="mailto:library@bolton.ac.uk">library@bolton.ac.uk</a>	●
12 May 2025	12:00 - 14:00	Mind Your Mate Activities	Mind Your Mate is a week of events to help students learn how to support a friend who might be going through a tough time. Come along for community-building activities including canvas painting and a giant jigsaw.	<a href="#">Chancellor's Mall</a> <a href="#">Deane</a> <a href="#">Bolton</a>	Bolton Students' Union Chancellor's Mall Deane Tel: 01204 900 850  Email: <a href="mailto:info@boltonsu.com">info@boltonsu.com</a>	●
13 May 2025	10:00 - 11:00	Stress Management Workshop	Feeling a little anxious? Take an hour to learn some vital de-stressing tools to help prepare for success and manage your wellbeing.	<a href="#">Click to Book</a>  Online	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
13 May 2025	12:00 - 13:00	Lunchtime Crafts	Enjoy relaxing creative activities, meet other students and make friends.	<a href="#">Life Lounge</a> <a href="#">T2 Eagle Tower</a> <a href="#">Deane</a> <a href="#">Bolton</a>	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●

Book onto events on Eventbrite  
[by clicking here](#)  
or scan the QR code below



- Induction Event
- Social Activity
- Information & Support

# Welcome Activities

Date	Time	Activity	Information	Link & Location	Who to Contact?	Key
13 May 2025	12:00 - 14:00	Mind Your Mate Activities	Come along for community-building activities including canvas painting and a giant jigsaw. Part of the Union's Mind Your Mate Week.	<a href="#">Chancellor's Mall Deane Bolton</a>	Bolton Students' Union Chancellor's Mall Deane Tel: 01204 900 850  Email: <a href="mailto:Info@boltonsu.com">Info@boltonsu.com</a>	●
13 May 2025	13:00 - 14:00	Mindfulness & Relaxation Workshop	Join us to learn some valuable tips and tricks for slowing down and unwinding.	<a href="#">Click to Book</a>  Online	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
14 May 2025	12:00 - 13:00	Lunchtime Crafts	Enjoy relaxing creative activities, meet other students and make friends.	<a href="#">Life Lounge T2 Eagle Tower Deane Bolton</a>	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
14 May 2025	12:00 - 13:00	Silent Book Club	Need some time out? Come along to our relaxed space to read quietly in the company of others.	<a href="#">Academic Skills Hub Peter Marsh Library</a>	Peter Marsh Library Deane Bolton  Email: <a href="mailto:library@bolton.ac.uk">library@bolton.ac.uk</a>	●
14 May 2025	12:30 - 13:30	Wellness Walk and Woofs	Meet other students on a relaxing stroll to Queen's Park. We will be joined by friendly Pets as Therapy dog, Luci, who will bring extra joy and tail wags to the walk. Meet outside the Student Centre in the Chancellor's Mall to participate.	<a href="#">Chancellor's Mall Deane Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●

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# Welcome Activities

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14 May 2025	12:00 - 14:00	Fairground Fun	Enjoy classic carnival games like hook-a-duck, whack-a-rat and ring toss, plus sweet treats including candy floss, lollies, doughnuts and popcorn. Part of the Union's Mind Your Mate Week.	<a href="#">Chancellor's Mall Deane Bolton</a>	Bolton Students' Union Chancellor's Mall Deane Tel: 01204 900 850  Email: <a href="mailto:Info@boltonsu.com">Info@boltonsu.com</a>	●
15 May 2025	12:00 - 13:00	Lunchtime Crafts	Enjoy relaxing creative activities, meet other students and make friends.	<a href="#">Life Lounge T2 Eagle Tower Deane Bolton</a>	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903 566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
15 May 2025	12:00 - 14:00	Petting Farm	Enjoy a warm drink and a treat at the Cake, Coffee and Chat station and take home some wildflower seeds. Don't miss the Petting Farm for a chance to meet some furry friends! Part of the Union's Mind Your Mate Week.	<a href="#">Chancellor's Mall Deane Bolton</a>	Bolton Students' Union Chancellor's Mall Deane Tel: 01204 900 850  Email: <a href="mailto:Info@boltonsu.com">Info@boltonsu.com</a>	●
16 May 2025	11:00 - 12:00	Conversation Cafe	Are you an international student eager to connect, learn and make lasting friendships at university? Come along, improve your communication skills and immerse yourself in a diverse and welcoming community.	<a href="#">Click to Book</a>  <a href="#">Academic Skills Hub Peter Marsh Library</a>	Academic Skills Hub Peter Marsh Library Deane Bolton  Tel: 01204 903 590 Email: <a href="mailto:AcademicSkills@Bolton.ac.uk">AcademicSkills@Bolton.ac.uk</a>	●
16 May 2025	12:30 - 14:00	Garden Party	Free food, mocktails, music and games! Located outside the entrance to the Chancellor's Mall (weather permitting).	<a href="#">Chancellor's Mall Deane Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●

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Date	Time	Activity	Information	Link & Location	Who to Contact?	Key
20 May 2025	11:30 - 13:30	Welcome Fair	A Welcome Fair for new students to meet staff, ask questions and grab freebies.	<a href="#">Chancellor's Mall Deane Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
22 May 2025	10:00 - 15:00	Africa Day 2025: Accelerating Business Growth & Technology	This year's event explores how technology, entrepreneurship, and collaboration can drive business growth across Africa and the UK.	<a href="#">Click to Book</a>  <a href="#">Chancellor's Mall Deane Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
22 May 2025	17:30 - 19:30	Family Friendly Film Night: <i>Shrek</i> (2001)	We will be screening the classic animated comedy <i>Shrek</i> (2001). Some snacks will be provided, but you are welcome to bring your own. You may bring guests, including children, but you must book a ticket for each person(s).	<a href="#">Click to Book</a>  <a href="#">Deane Lecture Theatre Deane Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
24- 25 May 2025	10:00 - 18:00	Bolton Pride	Celebrate Bolton Pride in style and come along to a family-friendly community event with live music, food, entertainment and stalls in Bolton Victoria Square all weekend.	<a href="#">Register to walk in the parade</a>  <a href="#">Victoria Square Bolton BL1 1RU</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
28 May 2025	12:00 - 13:00	New Faces, New Friends	Celebrate Bolton Pride in style and come along to a family-friendly community event with live music, food, entertainment and stalls in Bolton Victoria Square all weekend. Interested in participating in the Bolton Pride parade? Get in touch: <a href="mailto:Studentlife@bolton.ac.uk">Studentlife@bolton.ac.uk</a>	<a href="#">Click to Book</a>  <a href="#">Deane Lecture Theatre Senate House Deane</a>	Student Life Team Student Centre Chancellor's Mall Deane  Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●

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# Induction

After you have completed your enrolment, please explore the Induction SharePoint and take some time to learn about university life and support available to you.

Make sure to access your course induction tile, where you can find important information added by your Programme Tutors.

[Access the Induction SharePoint here](#)

## Student ID Card & Lanyard

You'll need your Student ID card and lanyard from the first moment you enrol. You are required to wear your ID card whenever you are on campus.

You will need your student card to access most of the buildings around campus. You will also need your card to access the 24-hour library, sit examinations and make payments at the finance office.

Please collect your Student ID card from the Student Centre in the Chancellor's Mall, Deane.

The Student Centre is open Monday - Friday, from 8:45am - 5:00pm.

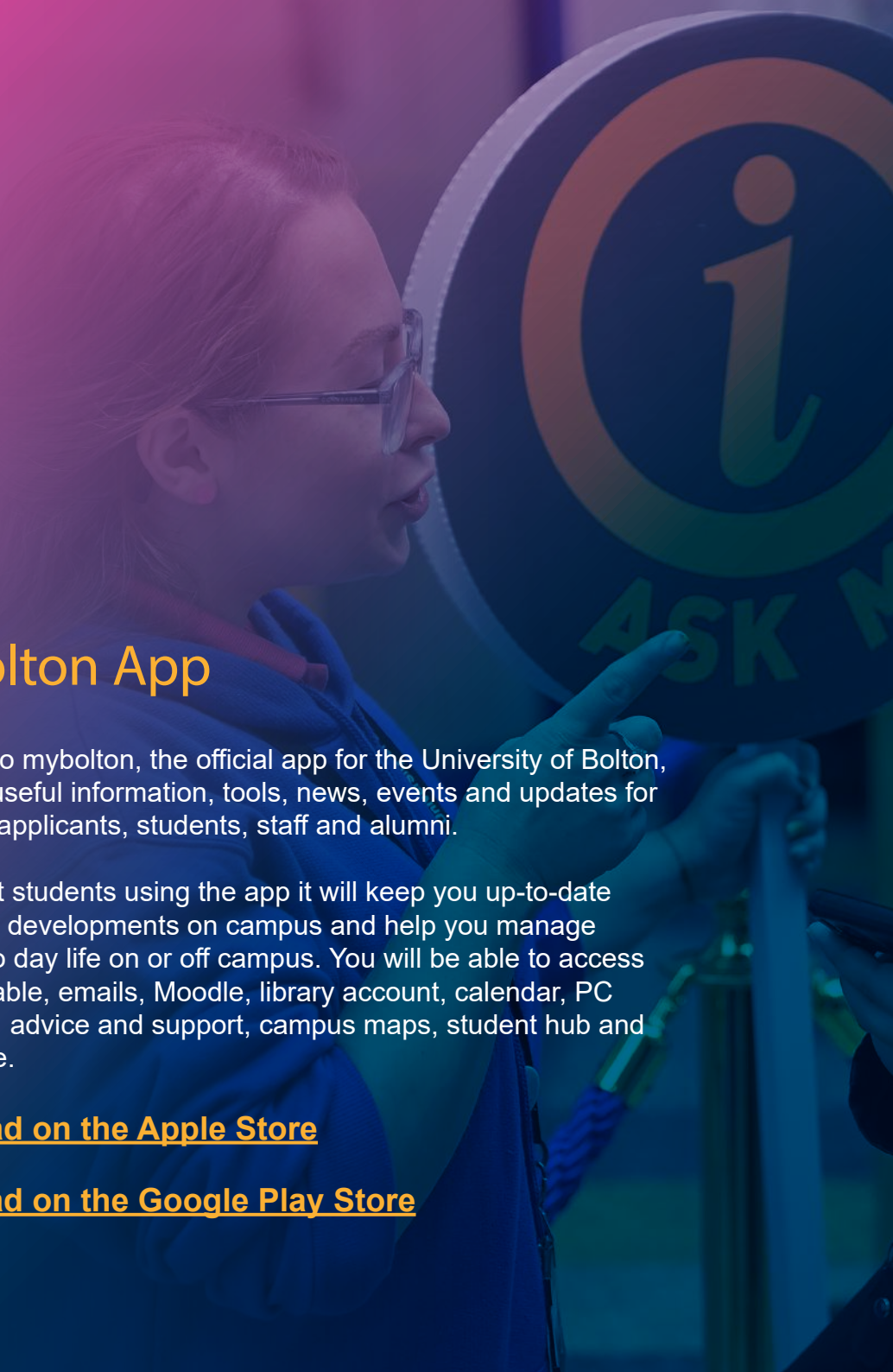
## mybolton App

Welcome to mybolton, the official app for the University of Bolton, providing useful information, tools, news, events and updates for enquiries, applicants, students, staff and alumni.

For current students using the app it will keep you up-to-date with all the developments on campus and help you manage your day to day life on or off campus. You will be able to access your timetable, emails, Moodle, library account, calendar, PC availability, advice and support, campus maps, student hub and much more.

[Download on the Apple Store](#)

[Download on the Google Play Store](#)



# International Student Induction

This is an important session for all new International students, where we will provide you with useful information on settling into life at the University, in Bolton and in the UK.

We will also talk to you about your responsibilities for maintaining Visa Compliance.

We will run this session several times, and all new international students must attend once. Please see the available dates below:

## International Student Support

Email: [Internationalstudents@bolton.ac.uk](mailto:Internationalstudents@bolton.ac.uk)

- [Monday 19 May, 3:45pm - 4:45pm, Room C1-009](#)
- [Thursday 22 May, 3:45pm - 4:45pm, M1-016 Lecture Theatre](#)
- [Friday 23 May, 12:30pm - 1:30pm \(Online\)](#)
- [Thursday 29 May, 3:45pm - 4:45pm, M1-016 Lecture Theatre](#)
- [Friday 30 May, 12:30pm - 1:30pm \(Online\)](#)
- [Monday 2 June, 3:45pm - 4:45pm, Room D1-042](#)
- [Thursday 5 June, 3:45pm - 4:45pm, Room M2-011](#)
- [Friday 6 June, 12:30pm - 1:30pm, Online](#)

Book onto International Induction Sessions on Eventbrite [by clicking here](#) or scan the QR code below



## Library Services

In addition to printed books, the Library has over 250,000 eBooks and over a million journal articles. Online or face to face appointments are available with Academic Librarians with online chat to complement the physical Help Desk Service.

To find out about the Library there is a great “Get Started” guide to help you. There you will find short videos which introduce you to:

- Accessing and using resources, such as Discover@Bolton to research journal articles, eBooks and more, all in one place
- Subject guides and reading lists
- Using library study facilities and services

### **Library**

**Tel:** +44 (0) 1204 903094

**Email:** [Library@bolton.ac.uk](mailto:Library@bolton.ac.uk)

## Academic Skills Hub (ASH)

Aims to support you throughout your studies, offering expert guidance to help you develop essential academic skills.

Whether you need assistance with academic writing, developing your digital skills or anything else, ASH provides a variety of resources and support to build your confidence and success, including:

- Learning Excellence Achievement Pathway (LEAP) online
- Boost Maths Support
- Jisc Digital Capabilities Tool
- Workshops
- Personalised One-to-One Consultations
- Drop-in sessions

For more information and to explore upcoming sessions, visit:

[Academic Skills Hub webpage](#)

### **Academic Skills Hub**

**Tel:** +44 (0) 1204 903590

**Email:** [AcademicSkills@bolton.ac.uk](mailto:AcademicSkills@bolton.ac.uk)



## Student Success Coaches

Student Success Coaches are dedicated to supporting and promoting the success and wellbeing of students and play a crucial role in ensuring that students receive the support they need to thrive during their time at University, especially during the first few months.

As a peer-to-peer support programme, coaches offer one to one pastoral support and information about the following:

- Signposting to support services
- Make connections and friendships
- Finding new hobbies and developing skills
- Contact details for personal tutors

You can chat with a Student Success Coach at a drop-in session in Chancellor's Building, Greater Manchester Business School, Bolton One or Queen's Specialist Building.

For further information please speak to a student advisor in the Student Centre.

## Careers and Employability

Our careers service is focused on providing you with the skills and knowledge required to help you succeed after university, providing you with employability experiences that will enhance your CV and boost your skills.

We offer a range of careers and employability support adapted to your individual needs. We can help you with

- Exploring your career options
- Applying for job vacancies
- Writing a CV and cover letter
- Finding a work placement
- Skills development

Throughout each academic year, we have workshops, employer fairs and 1:1 appointments to help you develop your skills. This is supported by our careers resources, which are all available through [StudentHub](#).

### **Careers and Employability**

Tel: +44 (0) 1204 903080

Email: [studenthub-careers@bolton.ac.uk](mailto:studenthub-careers@bolton.ac.uk)

# Bolton Students' Union

Bolton Students' Union (SU) is the representative body for all University of Bolton students. Our purpose is to promote the interests and welfare of students by representing, supporting and advising students. As a student at the University of Bolton you are automatically a member of the Students' Union.

Bolton SU is a registered charity, an entirely independent organisation committed to ensuring we meet the needs of our students. This includes:

- Advice and guidance
- Volunteering opportunities
- Clubs and Societies
- Activities and events

[Click to view the Bolton SU website](#)

**Bolton Students' Union**

**Tel:** +44 (0) 1204 900850

**Email:** [info@boltonsu.com](mailto:info@boltonsu.com)

# Bolton SU President

Jasneet Kaur serves as the University of Bolton's Student Union President, including as a Governor of the University and Trustee of Bolton Students' Union.

She leads the Students' Union and represents Bolton students in the local community and nationally as part of the National Union of Students. Jasneet meets regularly with the University Vice Chancellor and senior members of staff to represent the views of Bolton students.

**Jasneet Kaur**  
**Bolton Student Union President**  
Email: [president@boltonsu.com](mailto:president@boltonsu.com)



# Sport & Wellness Centre

The Sports Centre is located in Bolton One. Conveniently located near the town centre it has easy access to students, staff and external users.

Within Bolton One the university houses a **50ft indoor climbing wall**, Sports Hall and academic research facilities. The climbing wall is available to all staff and students. We have the instructors and facility to allow students to make best use of this superb indoor facility.

Competitive Sports at the university, BUCS (British Universities College Sports). We have a many competitive teams such as Football, Hockey, Netball, Basketball, Trampolining and Cricket. We are constantly looking to compete in other sports when students approach us and make a request.

[Click to book onto Sports Centre Activities](#)

## Free Swim Times at Bolton One

Swimming is still very popular with students and staff throughout the year and we have the arranged timings with the pool at Bolton One for all of our staff and students.

All users of the pool must produce their university ID card in order to gain entry. Timings as follows (Monday to Friday);

- 06:30am to 08:00am
- 12:00pm to 13:00pm
- 13:30pm - 15:00pm
- 20:00pm - 21:00pm

Bolton One is located on Moor Lane, Bolton, BL3 5BN.

For queries regarding sports activities and free swim times please contact the Sports Centre.

**Sports Centre**

Tel: +44 (0) 1204 903172

Email: [Sportscentre@bolton.ac.uk](mailto:Sportscentre@bolton.ac.uk)

## Multi-Use Games Area (MUGA)

The University now operates a Multi-Use Games Area (MUGA) facility, providing an incredible space for our students and the local community to engage in a wide range of sports and activities. This fantastic addition reflects our commitment to promoting health, well-being, and inclusivity.

The MUGA facility offers a versatile space for various sports such as football, netball, and more, catering to different interests and skill levels. It's a great opportunity for students to stay active, develop teamwork skills, and enjoy recreational activities. Additionally, the facility will be available for community use, fostering a sense of unity and providing a valuable resource for local residents. We're proud to offer such a fantastic facility that promotes physical activity and community engagement.

For more information please contact the Sport & Wellness Centre on 01204 903172 or [sportsdutyofficers@bolton.ac.uk](mailto:sportsdutyofficers@bolton.ac.uk).



## Bolton Arena: Free Gym Membership

Peak time gym memberships for students on a first come first served basis.

Unlimited use of the fitness suite, sauna & steam room, studio classes and athletics track.

- Gym Induction on their first visit
- Membership Card
- Access to online booking system

[Click to apply for free gym membership](#)

For queries regarding free gym membership please contact the Sports Centre.

**Sports Centre**

Tel: +44 (0) 1204 903172

Email: [Sportscentre@bolton.ac.uk](mailto:Sportscentre@bolton.ac.uk)

# Outdoor Activities at the Anderton Centre

The Anderton Centre offers high quality and unique experiences for education establishments, community groups, and voluntary organisations. The Anderton Centre is part of the wider University of Bolton Group.

Students at the University of Bolton can access a range of activities at the Anderton Centre such as;

- Kayaking & Raft Building
- Canoeing & Sailing
- Paddle Boarding & Powerboating
- Abseiling, Rock Climbing & Boulder Wall
- Archery & Bushcraft
- Caving
- Low Ropes & High Ropes and much more!

[Click to book onto Anderton Centre Pay and Play sessions here](#)

## **Anderton Centre**

**Tel:** +44 (0) 1257 484220

**Email:** [info@andertoncentre.co.uk](mailto:info@andertoncentre.co.uk)



# Useful Contacts

You can find staff contact details on our dedicated 'Staff Search' section on our website [here](#).

## Student Centre

Tel: +44 (0) 1204 903733

Email: [Studentadvisors@bolton.ac.uk](mailto:Studentadvisors@bolton.ac.uk)

## International Student Support

Email: [Internationalstudents@bolton.ac.uk](mailto:Internationalstudents@bolton.ac.uk)

## Life Lounge (Mental Health & Wellbeing Team)

Tel: +44 (0) 1204 903566

Email: [Lifelounge@bolton.ac.uk](mailto:Lifelounge@bolton.ac.uk)

Safeguarding: [Safeguarding@bolton.ac.uk](mailto:Safeguarding@bolton.ac.uk)

## Students' Union

Tel: +44 (0) 1204 900850

Email: [Info@boltonsu.com](mailto:Info@boltonsu.com)

## Sports Centre

Tel: +44 (0) 1204 903172

Email: [Sportscentre@bolton.ac.uk](mailto:Sportscentre@bolton.ac.uk)

## Academic Skills Hub

Tel: +44 (0) 1204 903590

Email: [AcademicSkills@bolton.ac.uk](mailto:AcademicSkills@bolton.ac.uk)

## Library


Tel: +44 (0) 1204 903094

Email: [Library@bolton.ac.uk](mailto:Library@bolton.ac.uk)

## Security

Tel: +44 (0) 1204 903700

In Emergency: +44 (0) 1204 903666

 +44 (0)1204 900600

 [enquiries@bolton.ac.uk](mailto:enquiries@bolton.ac.uk)

 [www.bolton.ac.uk](http://www.bolton.ac.uk)

 Deane Rd, Bolton, BL3 5AB

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 [@BoltonUni](https://www.instagram.com/BoltonUni)

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 [/UniversityofBolton](https://www.linkedin.com/company/UniversityofBolton)